



The Cloverleaf Community Recreation Center

Kwanmukan KARATE

Instructed by: Anthony Harmon -6th Degree Black Belt (Rokudan) Dan Cheek -3rd Degree Black Belt (Sandan)

Karate is for all ranks from ages 5 to Adult. Students will increase their skills of kicks, punches, defends, releases and tumbling. A philosophy of non-violence is stressed and self-confidence is promoted through discipline and a focus of attention. Physical contact is strictly supervised. Opportunity for belt ranking is offered. \* Age Level: 5 & UP

\*PLEASE NOTE THE CHANGE OF TIMES FOR LEVELS.

\*NO CLASS ON MAY 18 (Closed for Graduation)

May / June Session:

Thursdays, May 4, 11, 25, June 1, 8, 15, 22 & 29

July / August Session:

Thursdays, July 6, 13, 20, 27, August 3, 10, 17 & 24

Time: 6:00-7:00 pm (Beginner) / 7:00-8:00 pm (Inter)

Cost: Session, \$50 member / \$60 non-member

To register: Use your Master Card, Visa or Discover to register by phone or mail. Return registrations to school in an envelope marked Cloverleaf Rec Center or to the Cloverleaf Community Recreation Center, 8525 Friendsville Rd., Lodi, Ohio 44254. Call (330) 948-1323 to register by phone. Make checks payable to CCRC.

Registration form fields: First Name, Last Name, Birth Date, Member/Non-member, Home Phone, Work Phone, Address, City, State, Zip, Email Address, Parent/Guardian Name

Cost: (\$50 / \$60 session) Karate (May-August, 2023)

Session (months):

Class time; (circle one) THUR-(6-7 pm) THUR-(7-8 pm)

Fee: Check #

Master Card / Visa / Discover card#

Expiration date 3 Digit# Confirm #

tographs taken during class activities may be used for publicity purposes.