



FALL PROGRAMS AT THE CLOVERLEAF REC CENTER (2010)



Kwan Mu Kan Karate (Ages 5 & up)

Karate is for all ranks from ages 5 to adult. Students will increase their skills of kicks, punches, defends, releases and tumbling. Opportunity for belt ranking is offered. ***New Tuesday Evening Sept. Session:** Tues, Sept. 28, Oct. 5, 12, 19, 26, Nov. 2, 9 & 16
Thursdays, Sept. 30, Oct. 7, 14, 21, 28, Nov. 4, 11 & 18
Nov. Session: Begins Tues, Nov. 30 & Thurs, Dec. 2
Time: Tuesday-Beg (6:00-7:00 pm) / Tues-Novice (7:00-8:00 pm)
Thursday Combo (7:00-8:00pm)
Cost: One day, \$50 member / \$60 non-member
Cost: Both days for \$80 member / \$90 non-member

Colt Dribblers (Grades 1-5)

Improve your dribbling skills, learn ball handling tricks and perform at the Cloverleaf High School basketball games!
Practices: Wednesday Evenings, Beginning October 27th.
Time: Girls (6:00-7:00 pm) Boys (7:00-8:00 pm)
Cost: \$45 member / \$55 non-member

Travel Basketball (Girls, Grades 4-6)

All travel players will be required to participate in the Rec League.
Dates: (Tryouts, late-October) **Cost:** \$120 mem / \$130 non-mem

Tournament Basketball (Boys, Grades 4-6)

All players will be required to participate in the Rec League.
Dates: (Tryouts, mid-December) (Tournaments, Feb. & March)
Cost: TBA

Basketball Skills at the Elementary Schools

Skills clinics will be held at each elementary school for your grade level. Each mini-camp will be held Monday through Thursday.
Dates: Lodi (Oct. 4-7), Seville (Oct. 11-14), Westfield (Oct. 18-21)
Time: 4:00-5:00 pm
Cost: \$10

Rec League Basketball (Grades 1-6)

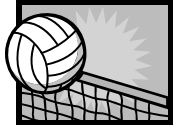
Cloverleaf Youth Basketball Association will begin its new Rec League season. Grades 1-6 (boys & girls).
Dates: November 6-through January
Time: Vary (Saturday mornings & Wednesday evenings)
Cost: \$45 mem / \$55 non-mem (grades 1-2), \$65 / \$75 (grades 3-6)

Kids Play (Ages 2 & up)

Kids Play is for pre-schoolers who will delight in a class just for them. Games, music, tumbling, jumping and more. This class helps to develop group-playing skills along with movement activities.
Sept Session: Mon, Sept. 13, 20, 27, October 4, 11 & 18
Nov. Session: Mon, Nov. 1, 8, 15, 22, 29, Dec. 6
Time: 12:30-1:15 pm
Cost: \$30

Youth Volleyball (Grades 3-8)

Instruction will focus on the development of skills in passing, setting, hitting, serving, offense and defense. Players will be exposed to individual drills as well as team play.
***Free T-Shirt (YM, YL, AS, AM, AL)**
Dates: Sept. 11, 18, Oct. 2 & 9 (Saturdays)
Time: 9:00-11:00 am
Cost: \$45 member / \$55 non-member



Gymnastics (Ages 5 & up)

This program begins with basic gymnastic techniques introduced in the Beginner level and progresses through the Intermediate level. The skills and routines build off of one another. Our instructor reserves the right to move a gymnast within the classes depending on their skill level.
Sept. Session: Sept. 16, 23, 30, Oct. 7, 14 & 21
Nov. Session: Oct. 28, Nov. 4, 11, 18, Dec. 2 & 9
Time: Beginner (6:00-7:00 pm) Beginner (7:00-8:00 pm)
Intermediate (8:00-9:00 pm)
Cost: \$50 member / \$60 non-member

Dance with Laura Hutson (Ages 3 & up)

Your child has the opportunity to be introduced to a variety of dance classes. ***Check the website for class descriptions.**

Mondays: Sept. 27, Oct. 4, 11, 18, 25, Nov. 1, 8 & 15
Combo I, \$58 (4:45-5:30 pm) **Pre-Ballet,** \$48 (5:30-6 pm)
Tuesdays: Sept. 28, Oct. 5, 12, 19, 26 Nov. 2, 9 & 16
Combo I, \$58 (5:15-6:00 pm) **Combo II,** \$58 (6-6:45 pm)
Pom Dance & Cheer, \$58 (6:45-7:30 pm)
Wednesdays: Sept. 29, Oct. 6, 13, 20, 27, Nov. 3, 10 & 17
Pre-Ballet, \$48 (10-10:30 am)
Parent/Child Gymnastics, \$48 (10:30-11:00 am)

Princess Dance Pizza Party (3 1/2-7 yrs) \$16

Date: Friday, September 24, 2010 (5:15-7:00 pm)

October Cheer Party (5-12 yrs) \$22

Date: Friday, October 22, 2010 (5:15-8:30 pm)

Merry Cheer Party (5-12 yrs) \$22

Date: Sunday, December 12, 2010 (1:30-4:30 pm)



REGISTER NOW! QUESTIONS? CALL (330) 948-1323 or (330) 721-3601

Registration and Lab fee (if so stated) must accompany registration. Please make checks payable to Cloverleaf Rec Center. Visa, MasterCard and Discover accepted. Registration forms are available online @ www.cloverleaflocal.org/rec.aspx Mail registrations to Cloverleaf Rec Center, 8525 Friendsville Rd., Lodi, OH 44254. Emergency medical forms must be completed and turned in by the end of the first class (if applicable). We look forward to seeing you at the Cloverleaf Rec Center.

Participant Name _____ Phone _____

Mailing Address _____ City _____ Zip _____

Parent's Name _____ Home Phone _____

(If a student please provide the following) Grade _____ School _____

Email _____ Would you like to receive future fliers electronically? Yes _____ No _____

Course Name _____ Shirt Size (if applicable) _____ Cost _____

Course Name _____ Shirt Size (if applicable) _____ Cost _____

Total _____ Check # _____

Visa / MasterCard # _____ Expiration Date _____

Security Code # _____ Confirm# _____ Date Processed _____

***Photographs taken during class activities may be used for publicity purposes.**



FALL PROGRAMS AT THE CLOVERLEAF REC CENTER (2010)



Aerobics

Enjoy unlimited aerobics for the month. Fall 3-month special (take 10% off) *Classes include Yoga, Zumba, Strength & Cardio.

Dates: Mondays-Saturdays

Time: Vary (check schedule@ www.cloverleaflocal.org/rec.aspx)

Cost: One month, \$30 member / \$40 non-member

3 month Special, \$81 member / \$108 non-member

*Babysitting is available Mon, Wed & Fridays (9:00-11:00 am)

Tennis Leagues (Adult)

This fall we will hold a competitive doubles league for the more advanced tennis player as well as a recreational league for the intermediate player.

Dates: Mondays, Oct. 25, Nov. 1, 8, 15, 22, 29, Dec. 6 & 13

Time: 8:30-10:00 am (competitive league)

Time: 10:00-11:30 am (recreational league)

Cost: \$40 member / \$50 non-member

Tennis Lessons (Beginner & Youth)

Have you always wanted to learn to play tennis? This class will work on strokes, doubles & singles strategy, drills and play.

Date: Mondays, Oct. 25, Nov. 1, 8, 15, 22, 29, Dec. 6 & 13

Time: 10:00 am-11:30 am

Cost: \$50 member / \$60 non-member

Tennis Tips & Play (Adult)

A high energy workout with drills and exercises geared toward improving your tennis skills while getting a great workout.

Dates: Thursdays, Oct. 28, Nov. 4, 11, 18, Dec. 2, 9 & 16

Time: 10:00-11:00 am (tips) / 11:00-Noon (stay & play)

Cost: \$40 member / \$50 non-member

Tennis for M.S., H.S. & Adult

A high energy workout with drills and exercises geared toward improving your tennis skills, while getting a great workout.

Dates: Sundays, Nov. 28, Dec. 5, 12, 19, Jan. 2, 9, 16 & 23

Time: 1:00-2:00 pm (Middle School) 2:00-3:00 pm (H.S. & Adult)

Cost: \$50 member / \$60 non-member

Additional Classes & Interests

The Rec Center has many options for all ages. You may check out our website @ www.cloverleaflocal.org/rec.aspx for further details on the classes listed below.

Book Club: Thurs, Sept. 16, Oct. 21 & Nov. 18 (6:30 pm)

Bridge Classes: Wed, Sept. 22, 29, Oct. 6, 13, 20 & 27 (11:30 am)

Craft Show: Saturday, October 23 (9:00 am-4:00 pm)

ACT Prep: Tues, Nov. 2, 9, 16, 23 & 30 (6:00-8:30 pm)

Boys Night Out (Ages 3-6)

Your child will love this evening clinic just for the boys, filled with easy, active games like kickball, dodgeball, tag and more. To add to the fun, the boys can refuel and share during a pizza party.

Date: Friday, November 12, 2010

Time: 6:00-7:30 pm

Cost: \$12

Baton Twirling (Ages 5 & up)

Students will begin by learning basic techniques and tricks. As the class progresses, dance/twirl routines and parade routines will be taught for performances at community events.

*Mandatory Parent meeting on Nov. 1 (6:00 pm) at

Westfield School. (All classes will be held at Westfield Elm)

Dates: Mondays, Nov. 8, 15, 22, 29 & Dec. 6

Time: Baton II (5:30-6:15 pm) or (6:15-7:00 pm)

Baton I (7:00-7:45 pm)

Cost: \$45 (next session begins January 31, 2011)

Grab and Go Cooking Creations

Chef Sherry has a new twist on "Hot Pockets." Learn how to create your own healthy Grab-and-Go foods, from breakfast to dessert.

Date: Thursday, October 21, 2010

Time: 7:30-8:30 pm

Cost: \$10

Strengthen Your Lower Back

Dr. Michael Longo from Lodi Chiropractic is conducting this workshop on overall back health with an emphasis on back strengthening exercises. Class will be held in H.S. Library.

Date: Thursday, November 18, 2010

Time: 7:30-8:30 pm

Cost: \$5 each / \$8 couple

Computer-Improve Basic Office Skills

Introduction to "Microsoft Office 2003", using Word, Excel, Power Point & Email.

Dates: Wednesdays, Sept. 15, 22, 29, Oct. 6, 13 & 20

Time: 7:00-8:30 pm

Cost: \$65 (cost includes a CD full of instruction)

Senior Stretch

Every Monday, Wednesday and Friday, we offer a "Senior Stretch" class from 10:00-11:00 am. Cost is \$1.00 per visit.

The Cloverleaf Local School District

Community Recreation Center

Friendly, Fun and Close to home...

Fitness Enrichment Adult Education

Fall Rec Center Hours

(beginning Monday, August 23, 2010)

Monday-Friday

(5:30 am-2:00 pm / 6:00-9:30 pm)

Saturday (7:30 am-3:00 pm)

Sunday (9:30 am-3:00 pm)

FALL 2010

Annual Membership Rate

	Resident	Non-Res
Adult (19+)	\$75.00	\$150.00
Student (K-12)	\$40.00	\$90.00
Cloverleaf Student (K-12)	\$20.00	
Cloverleaf Employee	\$40.00	
Senior (60+)	\$30.00	\$50.00
Family	\$145.00	\$275.00
College/Military (1 month)	\$15.00	\$20.00
Daily Guest	\$5.00	

