

# Individualized Health Care Plan

Date \_\_\_\_\_

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Class/Grade \_\_\_\_\_

Physician's Diagnosis: Anaphylactic Reaction to Peanuts and Peanut Products

Prescribed Medications and Treatments:

Benadryl \_\_\_\_\_ mg

Epi-Pen Jr.

Epi-Pen

(see Medication Kardex for dosage and other information re: drug action and side effects)

Nursing Assessment \_\_\_\_\_

Nursing Diagnosis: Cardiac Output Altered related to anaphylactic reaction  
Airway Clearance Altered related to tracheobroncheal response to allergen  
(peanuts/peanut products)

## Nursing Plan

### Goals

The student will:

- |  |  |
|--|--|
| <p>1. Effective airway clearance and cardiac output aeb<br/>no aberrant breath sounds,<br/>pulse WNL, respiration WNL,<br/>blood pressure WNL.</p> | <p>1. Administer EPI-PEN JR. per standing order from Dr. _____ at first sign of anaphylactic reaction: wheezing, dyspnea, pallor, hoarseness, edema, tachycardia, "light-headedness", postural hypotension, cyanosis, flush, diaphoresis, alteration in respiration, or blood pressure, generalized itching/burning sensation. If _____ indicates difficulty breathing or talking, start treatment.</p> <p>2. Administer Benadryl _____ mg (____ cc of 12.5 mg/5cc solution) by mouth per order of Dr. _____.</p> <p>3. For absent breathing/pulse-initiate CPR</p> <p>4. Observations of anaphylactic reaction delegate calls to:<br/>--911 for assessment and transportation<br/>--Parents<br/>--Principal<br/>Notify of 911 call<br/>Student status</p> <p>5. Keep student warm and avoid exertion.</p> |
|--|--|

