

Individualized Health Care Plan

Date _____

Student Name: _____ DOB: _____ Class/Grade _____

Physician's Diagnosis: Anaphylactic Reaction to Peanuts and Peanut Products

Prescribed Medications and Treatments:

Benadryl _____ mg

Epi-Pen Jr.

Epi-Pen

(see Medication Kardex for dosage and other information re: drug action and side effects)

Nursing Assessment _____

Nursing Diagnosis: Cardiac Output Altered related to anaphylactic reaction
Airway Clearance Altered related to tracheobroncheal response to allergen
(peanuts/peanut products)

Nursing Plan

Goals

The student will:

- | | |
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| <p>1. Effective airway clearance and cardiac output aeb no aberrant breath sounds, pulse WNL, respiration WNL, blood pressure WNL.</p> | <p>1. Administer EPI-PEN JR. per standing order from Dr. _____ at first sign of anaphylactic reaction: wheezing, dyspnea, pallor, hoarseness, edema, tachycardia, "light-headedness", postural hypotension, cyanosis, flush, diaphoresis, alteration in respiration, or blood pressure, generalized itching/burning sensation. If _____ indicates difficulty breathing or talking, start treatment.</p> <p>2. Administer Benadryl _____ mg (____ cc of 12.5 mg/5cc solution) by mouth per order of Dr. _____.</p> <p>3. For absent breathing/pulse-initiate CPR</p> <p>4. Observations of anaphylactic reaction delegate calls to:
--911 for assessment and transportation
--Parents
--Principal
Notify of 911 call
Student status</p> <p>5. Keep student warm and avoid exertion.</p> |
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