

The Observer

Weekly

Cloverleaf Inside and Out

December 13, 2011

Beauty Could Cost You a Price

By Kalee English

All over the world, girls dye their hair all different colors to change up their appearance. Colors like black, blonde, brown, red, you name it. They may be unknowingly putting themselves at risk.

Dyeing your hair can be really harmful. The dye can cause reactions, and certain colored dyes carry different amounts of risks.

“I realize that dyeing my hair is harmful, but I still do it anyway,” says senior Kristen Reed.

The damage of hair can lead to the extent of breakage, or even loss, which would be directly attributed to the use of hair dye.

Even though sophomore Kayleigh Stickler knows about the effects of hair dye, she still continues to do it.

“I dye my hair for only one reason - to change up my appearance,” states Stickler.

Since hair grows slowly, or about half an inch a month, multiple dye treatments can stunt hair growth, and can lead to constant breakage.

“I’d probably get a wig if my hair fell out,” says Jenna Troutman. “I don’t really know what I’d do.”

After many times of dying your hair, eventually the hair can sometimes become “over-processed,” and it can easily begin to split and break off.

Dangerous chemicals like Resor-



Hairy-dying takes a lot of time and can even be harmful to unsuspecting teens.

Photo Courtesy of Wikipedia Commons

chol Ammonia, persulfates, Hydrogen Peroxide, lead Acetate, and 4-ABP, which leads to cancer, are all used in the common hair dyes used today.

“I dye my hair maybe once every six months, so my hair doesn’t fall out,” explains Morgan Garner.

The natural alternatives found in certain hair dyes are known to be safer in the use to lighten your hair, but darker hair dyes carry the highest risks of reaction and damage to hair.

“I enjoy dyeing my hair because it makes me feel different,” says Shannon Goins.

There are no real treatments for damaged hair from the use of hair dyes but to simply stop, and to use moisturizing shampoos and conditioners.

So in the end, dyeing your hair can be fun and also be a cool way to change up your appearance, but over dyeing your hair can lead to breakage, split ends, hair loss, and maybe even something worse.

UFC 140: Plenty of Thrills

By Brandon Johnson

On Saturday, Dec. 10, UFC 140 had two very competitive fighters fight for the Light heavyweight belt.

The champion, Jon Jones, the current light heavyweight champion, was challenged by a previous champion Lyoto Machita.

Jones is the youngest champion to accept winning the title. But a veteran Lyoto Machita is one of the best karate fighters in the world.

With Jones' muay thai fighting style being very hard to beat, and Machita's black belt in Karate, it made this fight very even.

Jones defeated Machita with a standing guillotine choke to retain his UFC light heavyweight title

in Toronto, Canada. Jones became the first fighter since Chuck Liddell to defend the belt more than once and be successful.

Entering this battle, both fighters were very confident that they would win.

The first round Machida landed several significant strikes that showed Jones' chin strength to fight through the adversity.

Jones definitely had trouble finding his range in the first round of five.

In the second round, Jones found his timing and opened up a cut on Machida's forehead with a big elbow from Machita's Guard.

"That elbow was sick; that was the turning point of the fight and really helped the momentum go

towards Jon Jones strength," said Nate Sanford.

When Machita regained his feet, he was visibly out of it and Jones went in for the finish.

Jones sunk in a standing Guillotine choke against the fence. Machida tried to work through the submission but couldn't stay in the fight.

It forced "Big" John McCarthy, the referee, to stop the fight in the second round.

"The fight was really good. Jon Jones can't be stopped right now," said Bishop Woodall.

Jones remains the UFC light heavyweight champion and fans can only wait to see the next title match.

Cincy-Xavier Game Ends in Heated Slugfest

By Nate Sanford

Finally something exciting happened to college sports this past weekend. The Cincinnati Bearcats played against Xavier over the weekend.

The heated rivalry was not much of a game for the Bearcats. Cincinnati was dominated on the court, both offensively and defensively.

Xavier had the game under control in every way and they were destroying the Bearcats. Xavier was ranked high and maintained their ranking with the victory over Cincinnati.

The fight between the two teams got started towards the end of the game when frustration was a major factor for the Bearcats. Major consequences will be held for both teams.

The Xavier College is pressing charges on the Cincinnati players for assault and starting the fight. The Xavier player pushed an opposing player and then it was all started.

"Xavier won the game, but they sure got beat up pretty bad. That one guy had half of his face cut up. It was crazy and exciting to watch," junior Brandon Johnson stated about the eventful college game.

The big man for Xavier, Frease, got hit pretty bad in the brawl and left with a big cut on the side of his face. Cincinnati sure took out most of the players and is going to have major consequences.

"The Bearcats are a bunch of gangsters for real; I wouldn't mess with any of them. They go hard man,"

junior Bishop Woodall said about the fight.

College sports was a whole lot more exciting this past weekend. These heated rivalries sometimes end ugly.

"The only reason I watch sports is to see fights actually," freshman Garrison Flora claimed.

The Xavier team gets the last laugh on this one because they left with the victory and are still highly ranked. Cincinnati will suffer with a loss, and possible legal consequences.

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Quiz & Quotes

What's your favorite thing about Christmas ?



Tyler Hall (9):
"Holiday cheer."



Kaylee Gutschow (10):
"Listening to Christmas music."



Taylor Detwiler (12):
"My family comes home."



Mr. Christopher Lantz (Staff):
"Getting presents for my kids."

And the Grammy Nominees Are...

By Erin O'Callaghan

A Grammy award could be considered the highlight of any artist's career. Some artists are lucky enough to receive more than one in their career. And Grammy time is upon us. The 54th Grammy award nominations have just recently been announced.

One of the most prestigious awards, Record of the Year, holds many talented nominees. The nominees include *Rolling in the Deep* by Adele, *Holocene* by Bon Iver, *Grenade* by Bruno Mars, *The Cave* by Mumford and Sons, and *Firework* by Katy Perry.

Many artists we know and love are up for multiple awards. These artists are Adele, Lady Gaga, Bruno Mars, Katy Perry, Chris Brown, and Nicki Minaj. Kanye West leads the way with seven nominations, and Adele has six nominations.

Another coveted award is the Grammy award for Best New Artist. The nominees are The Band Perry, J. Cole, Nicki Minaj, Bon Iver, and Skrillex. Nicki Minaj is a favorite to win Best New Artist, but The Band Perry could pull an upset.

"I think Nicki Minaj should win Best New Artist because she's 'BA',

and her raps are sweet," junior Kate Ols stated.

A lot of popular songs are up for the award for Song of the Year. "All of the Lights" by Kanye West featuring Rihanna, "The Cave" by Mumford and Sons, "Grenade" by Bruno Mars, "Holocene" by Bon Iver, and "Rolling in the Deep" by Adele. Adele and Bruno Mars are also up for Album of the Year with their albums 21 and Doo-Wops & Hooligans.

The 54th Grammy awards will be held on Feb. 12, 2012. It will air nationally on CBS. All artists nominated are expected to attend and have a good night of awards and celebration.

The Grammys are also known for their memorable performances. One such memorable performance was Cee-Lo Green as last year's award ceremony, which caused a big response. A rumored performer for this year's Grammys is Adele, who holds six nominations.

The Grammys is a time for singers to come together and celebrate one another's talents. Many talented artists and groups are up for nominations. Best of luck to all the nominees.



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Artists of the Year

By *Tricia Rice*

Usually, anything associated with the number 13 is expected to be cursed. However, tonight, on Dec. 13, it will be anything but cursed for a few chosen artists.

For the first time, CMT will be honoring five artists with an exclusive, invitation-only Artists of the Year special.

The five respectable artists who will be honored tonight are Jason Aldean, Kenny Chesney, Lady Antebellum, Brad Paisley and Taylor Swift.

The artists were chosen according to their achievements and highlights over the year of 2011.

The first artist being recognized for their performance this past year is Jason Aldean.

Aldean's biggest accomplishment is his *My Kinda Party* album, which is the top selling album of 2011.

"Jason Aldean is one of my favorite artists out there," said Shelby Piper. "He brings a whole new vibe to country music."

Looking back, Aldean claims that 2011 has been the turning point of his career.

Kenny Chesney might have taken a year to step out of the spotlight, but that doesn't mean his fans forgot about him.

"I'm not a huge country music fan," shared Matt Serafine. "But, I've always thought Kenny Chesney had some good songs."

After a year off to write new music and relax, Chesney made a come-back with his *Hemingway's Whiskey* tour.

Chesney wasn't expecting to have such a big support of his fans. However, he now claims that it was one of the most mov-

ing tours of his career.

It's been a big year for one of country's most honored and beloved groups, Lady Antebellum.

Their newest album, *Own the Night*, has sold nearly 900,000 copies already. It may go without saying that they're winners of not one, but three consecutive CMA Vocal Group of the Year awards.

It may seem as if Brad Paisley has spent the last year in the shadows, but he's definitely been keeping himself busy.

He was not only just recently named Top Male Vocalist of the Year, but Paisley has also been put on the *New York Times* best seller list with his first major book, "Diary of a Player."

"My book should be inspiring to a kid," shared the artists himself. "It's for a kid who doesn't know exactly where they're going in life yet."

It will be quite the birthday celebration for Taylor Swift, who turns 22 today. She has made a strong impact on country music in just this past year alone.

"I have so much to be thankful for this year," expressed Swift. "I've been replaying this tour in my mind."

From CMA's Entertainer of the Year, to Billboard's Woman of the Year, Swift has just about won it all.

"Every award show I turned on; there was Taylor Swift with another trophy," said Nicole Rhoads. "But if anyone deserves awards like that, it's her."

Her *Speak Now* album has sold millions of copies worldwide, and is not listed in the 2012 *Guinness Book of World Records* as the Fastest Selling Album by a Fe-

male Artist.

Don't worry, there was no voting to be done for this particular night. All you have to do is sit back and relax while these five stars push rewind and take you on a journey of their unforgettable year.

Tune in tonight at 9:00 on CMT.



Taylor Swift performing her *Speak Now* tour. Photo Courtesy of Wikipedia Commons

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